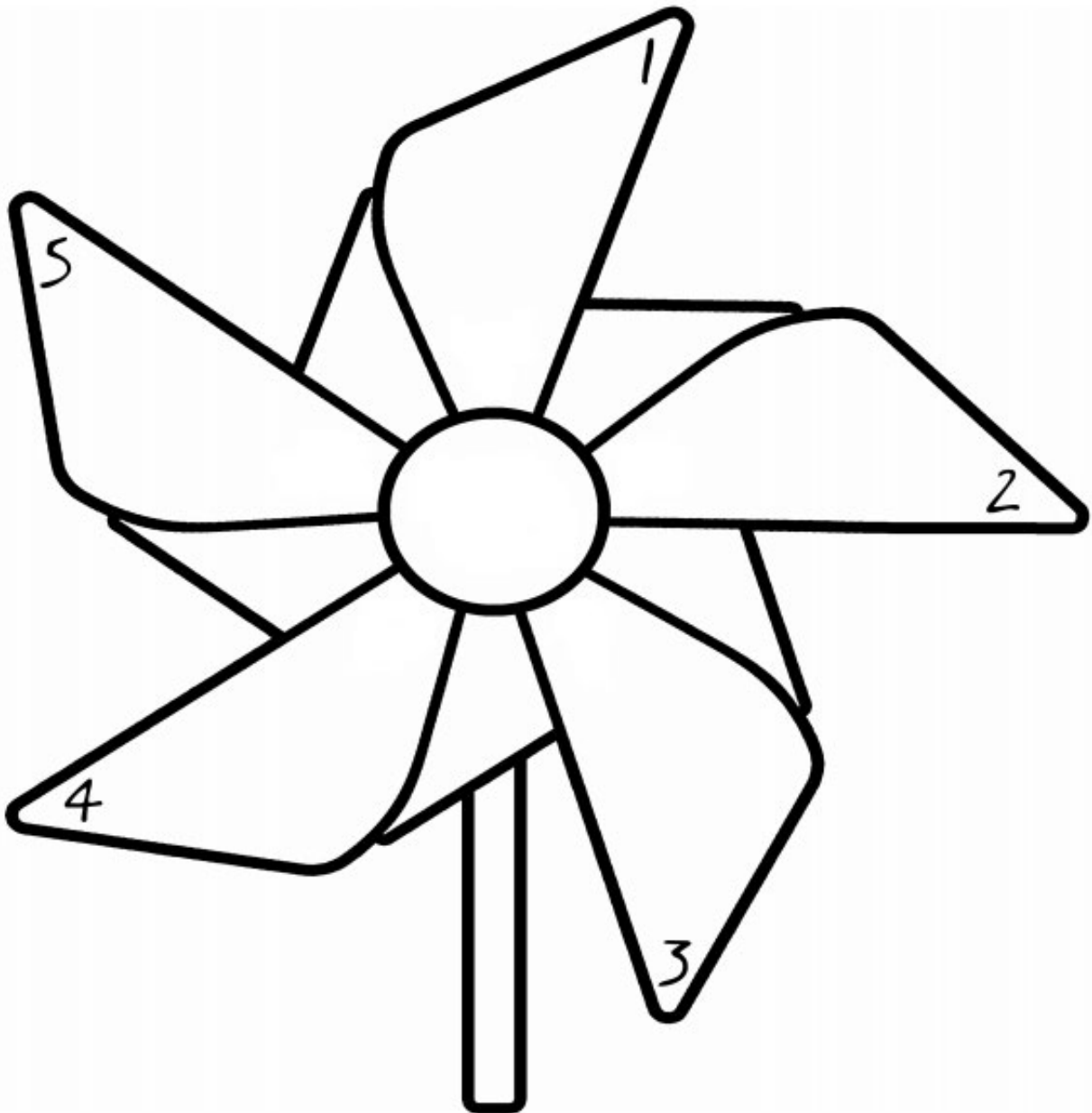


# My 5 Safe Adults

If someone ever hurts us, makes us feel uncomfortable, or does something to our body that is not okay, we TELL a safe adult and GET HELP. We deserve to be safe.

Directions: Write the names of FIVE safe and trusted adults in the space provided on the pinwheel. These are adults that you can always go to and tell if something ever happens that's not okay.



CHILDREN'S ADVOCACY CENTER  
OF BENTON COUNTY

Empowering Children to Find Their Voice